

the
PAFOS 
TRIATHLON
 ★
CYPRUS

30 APRIL 2023
 OLYMPIC DISTANCE - RESULTS

A/A	BIB	NAME	SURNAME	COUNTRY	TEAM/CLUB	SWIM	T1	BIKE	T2	RUN	FINISH
MEN CY.TRI.FED Championship											
1	628	Aleksey	Kalistratov	Malta	Paphos Nautical Club	0:21:45.2	0:01:40.5	0:56:21.2	0:01:26.1	0:34:14.5	1:55:27.3
2	608	Alexantros	Dimitriou	Cyprus	Kyrenia Nautical Club	0:21:44.6	0:01:35.8	0:57:47.1	0:01:12.4	0:34:55.7	1:57:15.7
3	612	Panayiotis	Antoniou	Cyprus	Kyrenia Nautical Club	0:23:55.6	0:01:28.3	0:57:58.1	0:01:13.5	0:37:12.3	2:01:47.7
4	605	Artem	Stopnevich	Cyprus	Kyrenia Nautical Club	0:25:05.9	0:01:43.2	0:58:08.0	0:01:45.7	0:39:42.2	2:06:24.9
5	623	Andreas	Doulappas	Cyprus	KERAVNOS Strovolou	0:28:31.4	0:01:45.6	0:55:55.4	0:01:40.7	0:40:49.8	2:08:43.0
6	646	Panagiotis	Christodoulidis	Cyprus	Kyrenia Nautical Club	0:23:21.9	0:01:59.3	1:01:25.8	0:01:35.2	0:42:08.3	2:10:30.5
7	638	Roman	Karakulov	Cyprus	Kyrenia Nautical Club	0:32:25.6	0:01:40.2	0:57:02.8	0:01:25.4	0:38:11.4	2:10:45.5
8	630	Pasxalis	Fragkou	Cyprus	Famagusta Nautical Club	0:27:38.7	0:01:57.6	1:00:22.7	0:02:08.0	0:40:04.5	2:12:11.5
9	607	Andreas	Agathocleous	Cyprus	Paphos Nautical Club	0:29:12.6	0:01:57.9	0:00:21.1	1:02:57.0	0:38:17.0	2:12:45.5
10	649	christos	kyrillou	Cyprus	Kyrenia Nautical Club	0:29:49.3	0:01:47.6	1:04:09.8	0:01:31.5	0:38:23.5	2:15:41.7
11	641	Tasos	Eleftheriou	Cyprus	Kyrenia Nautical Club	0:26:43.4	0:02:25.2	1:01:44.7	0:02:04.2	0:43:56.5	2:16:54.0
12	633	Michalis	Violaris	Cyprus	KERAVNOS Strovolou	0:31:06.5	0:02:44.1	1:02:49.6	0:01:47.3	0:40:20.9	2:18:48.3
13	611	George	Pengas	Cyprus	KERAVNOS Strovolou	0:26:23.4	0:02:06.3	1:02:48.6	0:01:44.0	0:45:55.4	2:18:57.8
14	622	Demetrakis	Haholiades	Cyprus	Bikin Cyprus	0:21:43.8	0:03:08.3	1:03:22.1	0:01:46.6	0:49:30.5	2:19:31.4
15	624	Stephanos	Matsis	Cyprus	Bikin Cyprus	0:30:54.2	0:03:05.7	1:01:22.8	0:01:50.5	0:42:25.2	2:19:38.4
16	609	Pavel	Pleskov	Cyprus	Kyrenia Nautical Club	0:29:51.6	0:02:11.3	1:00:48.9	0:02:04.3	0:45:00.1	2:19:56.2
17	620	Thomas	Kettenis	Cyprus	KERAVNOS Strovolou	0:30:35.4	0:04:12.4	1:00:44.7	0:02:10.7	0:42:54.8	2:20:38.0
18	653	Christos	Leonidou	Cyprus	Paphos Nautical Club	0:29:08.2	0:02:23.6	1:02:56.7	0:01:50.9	0:44:32.8	2:20:52.3
19	654	Aristotelis	Constantinides	Cyprus	KERAVNOS Strovolou	0:31:18.2	0:03:28.2	1:03:42.1	0:01:59.3	0:46:11.0	2:26:38.8
20	647	Giorgos	Papadavid	Cyprus	Paphos Nautical Club	0:29:17.4	0:02:11.3	1:04:09.9	0:02:46.8	0:49:26.3	2:27:51.7
21	652	Criton	Georgiades	Cyprus	KERAVNOS Strovolou	0:31:10.3	0:03:38.7	1:07:36.7	0:02:16.6	0:43:25.3	2:28:07.5
22	645	Stelios	Alexandrou	Cyprus	Kerynia Nautical club	0:31:10.2	0:03:13.0	1:04:15.2	0:02:01.4	0:48:48.8	2:29:28.6
23	656	Iraklis	Zavos	Cyprus	KERAVNOS Strovolou	0:33:54.2	0:02:51.6	1:10:19.0	0:02:18.2	0:42:48.9	2:32:12.0
24	658	Constantinos	Charalambous	Cyprus	Kyrenia Nautical Club	0:32:20.4	0:03:42.1	1:05:17.7	0:02:26.0	0:49:11.5	2:32:57.7
25	621	Kyriakos	Kyriakou	Cyprus	KERAVNOS Strovolou	0:34:46.2	0:04:11.3	1:04:33.6	0:02:36.0	0:47:04.8	2:33:12.0
26	617	Loucas	Stylianou	Cyprus	KERAVNOS Strovolou	0:32:53.6	0:03:53.6	1:08:06.1	0:01:51.0	0:46:28.6	2:33:13.1
27	636	Marios	Ioannou	Cyprus	Kyrenia Nautical Club	0:32:12.3	0:02:51.4	0:00:23.3	1:08:57.7	0:49:00.9	2:33:25.7
28	657	Pavel	Kozlov	Cyprus	Nireas Triathlon Club	0:33:05.7	0:03:23.9	1:05:43.3	0:02:15.7	0:49:30.1	2:33:58.6
29	627	Michalis	Sarris	Cyprus	Kyrenia Nautical Club	0:33:03.6	0:03:39.9	1:06:57.7	0:02:43.3	0:48:05.2	2:34:29.8
30	601	Konstandinos	Kapardis	Cyprus	KERAVNOS Strovolou	0:36:34.2	0:02:25.6	1:11:03.9	0:01:49.0	0:43:33.8	2:35:26.6
31	644	Andreas	Charalambides	Cyprus	KERAVNOS Strovolou	0:35:14.9	0:04:12.7	1:06:36.5	0:02:14.6	0:49:48.4	2:38:07.1
32	616	Andreas	Apostolou	Cyprus	Paphos Nautical Club	0:33:58.9	0:05:01.7	1:12:29.4	0:02:31.4	0:44:45.1	2:38:46.6
33	648	Alexis	Charalambous	Cyprus	KERAVNOS Strovolou	0:36:44.0	0:03:29.8	1:03:16.3	0:02:37.0	0:53:53.3	2:40:00.4
34	634	Christos	Christou	Cyprus	KERAVNOS Strovolou	0:36:13.6	0:03:42.6	1:08:22.4	0:02:20.1	0:51:45.7	2:42:24.4
35	629	Kenzo	Yamashita	France	Bikin Cyprus	0:31:08.5	0:03:20.0	1:11:44.2	0:02:32.1	0:54:08.6	2:42:53.3
36	631	Loukas	Karnis	Cyprus	Kyrenia Nautical Club	0:37:00.7	0:03:37.4	1:05:00.7	0:02:08.5	0:55:12.0	2:42:59.4
37	619	Chris	Demetriou	Cyprus	Paphos Nautical Club	0:36:32.0	0:03:47.6	1:10:32.7	0:02:03.4	0:50:10.4	2:43:06.2
38	672	Vladimir	Razuvaev	Cyprus	Kyrenia Nautical Club	0:39:23.7	0:02:38.1	1:07:22.7	0:02:01.1	0:52:21.5	2:43:47.0
39	639	Ioannis	Hadjisoteriou	Cyprus	KERAVNOS Strovolou	0:35:49.2	0:04:15.3	1:07:59.3	0:02:25.4	0:57:24.0	2:47:53.2
40	604	Christos	Constantinides	Cyprus	Bikin Cyprus	0:35:42.3	0:05:02.5	1:14:43.5	0:02:44.0	0:49:46.2	2:47:58.6
41	640	Alexis	Kyriakides	Cyprus	Famagusta Nautical Club	0:42:07.6	0:03:53.6	1:11:02.4	0:02:44.1	0:48:13.8	2:48:01.6
42	614	Dimitris	Domouchtsis	Cyprus	Paphos Nautical Club	0:32:56.2	0:04:33.4	1:11:16.0	0:03:01.3	0:59:40.5	2:51:27.4
43	615	Giannis	Panteli	Cyprus	Famagusta Nautical Club	0:42:50.9	0:03:30.0	1:09:28.0	0:01:58.7	0:54:19.9	2:52:07.4
44	642	Thrasos	Tsangarides	Cyprus	Kyrenia Nautical Club	0:42:17.5	0:05:14.9	1:07:46.7	0:02:47.8	0:55:36.2	2:53:43.1
45	618	Nicos	Loucaides	Cyprus	Famagusta Nautical Club	0:40:49.1	0:04:10.2	1:11:59.2	0:02:59.5	0:54:44.4	2:54:42.5
46	637	Evgenios	Hadjisoteriou	Cyprus	KERAVNOS Strovolou	0:42:30.0	0:04:52.3	1:09:38.7	0:02:48.3	0:56:44.6	2:56:33.9
47	655	Demetris	Siamptanis	Cyprus	Bikin Cyprus	0:51:07.7	0:04:14.5	1:08:17.3	0:02:06.3	0:53:59.1	2:59:44.8
48	651	Iacovos	Mikellides	Cyprus	KERAVNOS Strovolou	0:46:33.9	0:04:45.4	1:13:06.4	0:03:04.6	0:54:41.3	3:02:11.6
49	603	Theodoros	Nicolaou	Cyprus	Famagusta Nautical Club	0:42:26.3	0:05:15.0	1:17:10.8	0:03:02.1	0:54:52.8	3:02:47.1
50	625	Haris	Ioannides	Cyprus	Famagusta Nautical Club	0:45:27.8	0:05:03.4	1:19:49.3	0:02:49.7	0:56:11.7	3:09:21.8

51	606	Anastasis	Lazarides	Cyprus	Nireas Triathlon Club	0:42:15.2	0:08:06.2	1:14:59.1	0:03:34.8	1:00:40.6	3:09:35.9
52	610	Themis	Pavlou	Cyprus	Paphos Nautical Club	0:49:41.2	0:04:50.2	1:11:12.1	0:03:12.7	1:00:40.1	3:09:36.4
53	635	Yiannos	Lakkotrypīs	Cyprus	Famagusta Nautical Club	0:46:42.4	0:05:37.4	1:19:17.4	0:03:04.1	1:10:29.3	3:25:10.6
DNF	626	Constantinos	Efthyvoulou	Cyprus	Bikin Cyprus						DNF
DNF	632	Andreas	Yiafas	Cyprus	KERAVNOS Strovolou						DNF
DNF	643	Dimitris	Petri	Cyprus	Kyrenia Nautical Club						DNF
DNF	650	Panicos	Kleitou	Cyprus	Kyrenia Nautical Club						DNF
DNS	613	Tasos	Tseronis	Greece	KERAVNOS Strovolou						DNS

WOMEN | CY.TRI.FED Championship

1	669	Carmen	Macheriotou	Cyprus	Kyrenia Nautical Club	0:25:33.2	0:02:32.9	1:03:00.0	0:02:20.3	0:45:56.4	2:19:22.9
2	668	Antonia	Sofokleous	Cyprus	Kyrenia Nautical Club	0:25:19.8	0:01:59.3	1:10:12.7	0:01:39.7	0:48:46.6	2:27:58.1
3	666	Isavella	Triza	Cyprus	Konstantia Nautical Club	0:32:21.9	0:01:58.2	1:07:36.9	0:01:42.9	0:49:05.4	2:32:45.2
4	667	Annelise	Sparsis	Cyprus	KERAVNOS Strovolou	0:31:41.6	0:02:42.7	1:07:28.3	0:02:19.0	0:48:40.9	2:32:52.5
5	663	Victoria	Tokareva	Cyprus	Paphos Nautical Club	0:32:04.2	0:02:32.3	1:08:41.6	0:01:52.6	0:50:17.7	2:35:28.4
6	670	Panagiota	Pantela	Cyprus	KERAVNOS Strovolou	0:31:42.9	0:02:12.0	1:11:12.9	0:01:52.1	0:48:32.8	2:35:32.6
7	673	Kristina	Romasko	Cyprus	Kyrenia Nautical Club	0:33:27.9	0:02:42.4	1:09:36.3	0:02:12.9	0:53:24.9	2:41:24.3
8	660	Florentia	Charalambous	Cyprus	Paphos Nautical Club	0:40:46.2	0:03:48.0	1:09:47.8	0:02:19.1	0:53:15.6	2:49:56.8
9	664	Charis	Christodoulou	Cyprus	KERAVNOS Strovolou	0:50:09.7	0:03:28.1	1:15:22.4	0:02:51.6	0:56:33.6	3:08:25.3
10	671	Niki	Teloni	Cyprus	Famagusta Nautical Club	0:41:09.0	0:06:04.5	1:24:38.7	0:03:17.7	0:56:48.7	3:11:58.6
11	662	Yulia	Tremsina	Cyprus	Kyrenia Nautical Club	0:38:39.7	0:04:09.5	1:15:54.4	0:03:03.4	1:10:19.5	3:12:06.6
12	661	Ekaterina	Chizhova	Cyprus	Kyrenia Nautical Club	0:50:14.7	0:07:06.4	1:27:19.9	0:03:17.4	1:00:59.4	3:28:57.9
DNS	665	Spyridona	Charalambous	Cyprus	Kyrenia Nautical Club						DNS

MEN 18-29

1	700	Pavlos	Yioukkas	Cyprus	DimosPaps Team	0:47:38.2	0:04:56.8	1:14:53.5	0:02:42.6	0:53:40.5	3:03:51.6
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MEN 30-39

1	718	Blair	Webster	Cyprus	Army Triathlon Association	0:28:58.6	0:01:48.5	1:04:48.8	0:01:47.4	0:41:41.8	2:19:05.1
2	713	Aleksei	Khokhlov	Cyprus		0:31:30.3	0:03:23.0	1:05:23.4	0:02:49.5	0:48:57.5	2:32:03.8
3	720	Athos	Loizou	Cyprus		0:33:52.3	0:03:16.8	1:05:34.3	0:02:13.9	0:50:09.8	2:35:07.1
4	723	Yury	Yurchanka	Belarus		0:35:53.7	0:03:05.5	1:09:52.9	0:01:58.0	0:46:04.6	2:36:54.6
5	712	Ashley	Lowe	United Kingdom		0:39:17.2	0:04:02.9	1:07:33.9	0:02:24.9	0:45:24.5	2:38:43.5
6	722	Chris	Tampakos	Cyprus	Kyrenia Nautical Club	0:36:40.0	0:04:09.3	1:08:38.9	0:02:47.5	0:46:41.9	2:38:57.6
7	715	Andrei	Lantsevich	Belarus		0:36:02.1	0:02:26.5	1:09:24.9	0:02:14.0	0:52:40.7	2:42:48.2
8	719	Nikolay	Tsykin	Cyprus	Droera running club	0:36:42.7	0:03:46.4	1:12:06.2	0:02:22.1	0:48:16.7	2:43:14.0
9	714	Oleg	Laputin	Russian Federation		0:37:13.9	0:02:59.7	1:10:03.2	0:02:58.5	0:50:13.2	2:43:28.5
10	710	Jeffrey	Wallace	United Kingdom		0:37:38.7	0:04:19.9	1:10:38.4	0:04:42.7	0:48:01.0	2:45:20.7
11	711	Petros	Mina	Cyprus		0:43:19.5	0:06:10.7	1:10:58.0	0:03:49.2	0:49:00.0	2:53:17.4
12	724	George	Makkoulas	Cyprus		0:40:07.9	0:04:49.7	1:12:08.3	0:02:40.1	0:55:37.3	2:55:23.3
13	721	Giannis	Tsangaris	Cyprus		0:37:11.2	0:05:23.0	1:18:06.1	0:03:07.2	0:55:12.8	2:59:00.2
14	716	Andreas	C. Andreou	Cyprus	DimosPaps Team	0:42:25.4	0:04:09.5	1:15:34.8	0:02:56.9	0:56:55.6	3:02:02.2

MEN 40-49

1	734	Panikos	Modestou	Cyprus		0:36:53.5	0:03:01.3	1:07:03.6	0:02:14.1	0:45:01.5	2:34:14.0
2	733	Vangelis	Englezakis	Cyprus		0:36:08.4	0:04:09.2	1:08:45.3	0:03:40.8	0:57:20.7	2:50:04.4
3	701	Marios	Stylianou	Cyprus		0:38:38.9	0:06:19.8	1:18:12.0	0:03:44.3	0:47:14.6	2:54:09.7
4	735	Jawad	Bawarshi	Cyprus	Kyrenia Nautical Club	0:38:45.2	0:04:16.1	1:12:38.0	0:03:06.7	0:55:29.4	2:54:15.4
5	730	Ilias	Porfyridis	Greece		0:42:52.7	0:05:56.3	1:15:20.7	0:05:39.4	0:59:55.0	3:09:44.1
6	731	Mikhail	Smolyanov	Cyprus	Finolog	0:39:48.9	0:11:05.5	1:19:23.7	0:03:39.3	0:57:58.8	3:11:56.2
7	736	Vangelis	Evangelou	Cyprus	Kyrenia Nautical Club	0:50:56.7	0:06:43.5	1:20:21.8	0:03:57.5	1:15:21.4	3:37:21.1

MEN 50+

1	751	Tryfonas	Attipas	Cyprus	DimosPaps Team	0:33:48.9	0:03:58.3	1:06:53.5	0:03:41.6	0:46:50.4	2:35:12.7
2	742	Charis	Papacharalambous	Cyprus		0:31:29.2	0:04:13.5	1:07:29.7	0:02:25.5	0:50:16.6	2:35:54.5
3	763	Marinos	Kallis	Cyprus	Bikin Cyprus	0:31:19.8	0:04:14.7	1:09:31.0	0:03:33.3	0:47:43.7	2:36:22.5
4	749	Georges	Drouin	France	Temp	0:32:06.1	0:03:22.2	1:10:02.1	0:02:52.5	0:51:10.0	2:39:32.8
5	746	Michalis	Erotokritou	Cyprus		0:38:43.3	0:03:26.4	1:12:05.5	0:02:15.6	0:49:42.5	2:46:13.3
6	743	Yuriy	Dukin	Mexico		0:37:31.1	0:05:12.5	1:09:50.7	0:01:38.7	0:52:57.6	2:47:10.6
7	745	Giorgos	Paschalis	Cyprus		0:37:34.7	0:04:09.6	1:12:25.5	0:03:04.4	0:52:28.6	2:49:42.9
8	780	Duncan	Cooper	Cyprus	Paphos Running Club	0:45:53.8	0:04:54.0	1:08:34.4	0:03:32.8	0:48:17.1	2:51:12.1
9	741	Nic	Sutherland	Cyprus	Paphos Running Club	0:39:14.8	0:03:43.1	1:07:09.6	0:02:48.7	1:00:02.2	2:52:58.4
10	748	Vassos	Paraskevas	Cyprus	Anorthosis	0:45:48.3	0:04:44.3	1:08:40.7	0:04:30.5	0:51:36.6	2:55:20.4
11	744	Philippos	Constantinou	Cyprus	Sunday Runners	0:52:24.4	0:07:14.9	1:15:24.4	0:03:43.9	1:03:10.6	3:21:58.3
DNS	740	Mark	Pead	Cyprus	Paphos Running Club						DNS

DNS	747	Christos	Stratis	Cyprus	Sunday Runners						DNS
DNS	750	Andreas	Nicolaou	Cyprus	Sunday Runners						DNS

WOMEN 30-39

1	760	Claire	Barrett	Cyprus		0:38:06.4	0:03:02.5	1:22:39.3	0:01:38.0	0:50:03.9	2:55:30.2
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WOMEN 40-49

1	776	Yulia	Popova	Cyprus		0:24:28.0	0:02:29.8	1:09:40.1	0:02:25.1	0:52:23.8	2:31:26.9
2	770	Carla	Poole	Cyprus	Paphos Running Club	0:35:40.9	0:02:49.1	1:13:52.8	0:02:14.4	0:54:03.1	2:48:40.2
3	774	Yelena	Petrova	Cyprus	-	0:36:36.0	0:03:29.7	1:11:53.8	0:02:05.0	0:56:15.6	2:50:20.1
4	771	Kirsty	Yates	Cyprus	CWC Pro Cycling	0:36:20.8	0:03:48.6	1:17:40.5	0:04:47.5	0:56:41.3	2:59:18.7
5	773	Despina	Mavridou	Cyprus		0:54:58.1	0:07:11.6	1:33:07.7	0:04:40.4	0:56:39.1	3:36:37.0
6	772	Alex	Bryson	United Kingdom	AlexB						

WOMEN 50+

1	782	Liz	Dunlop	United Kingdom	Wight Tri	0:35:18.3	0:03:15.7	1:15:32.1	0:02:52.2	0:53:30.7	2:50:29.1
2	781	Kirsty	Fitzsimmons	Cyprus	Paphos Running Club	0:41:20.7	0:04:06.7	1:17:53.9	0:02:05.6	0:56:35.4	3:02:02.4

MEN TEAMS

1	900	Menelaos	Kapsosideris	Cyprus							
		Aris	Skordis	Cyprus	I believe I can TRI	0:32:01.9	0:03:45.3	1:10:09.0	0:01:28.0	0:42:18.9	2:29:43.0
		Angelos	Neofytou	Cyprus							
		Giorgos	Poyiatzeas	Cyprus							
2	901	Valantis	Georgiou	Cyprus	Komodromis	0:37:27.2	0:00:54.8	1:15:29.4	0:01:18.5	0:41:54.1	2:37:04.0
		Konstantinos	Komodromos	Cyprus							

MIXED TEAMS

1	903	Stavri	Pericleous	Cyprus							
		Demetris	Mougis	Cyprus	Mousta	0:29:40.2	0:02:05.8	1:04:04.6	0:01:39.5	0:39:31.4	2:17:01.5
		Stavri	Pericleous	Cyprus							
		Jordyn	Armstrong	United Kingdom							
2	902	Jock	Armstrong	United Kingdom	Team Jockspeed	0:37:09.5	0:01:16.3	1:03:12.7	0:01:05.3	1:06:35.3	2:49:19.2
		Jonathan	MacDonald	United Kingdom							

the
PAFOS 
TRIATHLON
 ★
CYPRUS

30 APRIL 2023
 SPRINT DISTANCE - RESULTS

A/A	BIB	NAME	SURNAME	COUNTRY	TEAM/CLUB	SWIM	T1	BIKE	T2	RUN	FINISH
CADET BOYS 14-16											
1	800	George	Christodoulou	Cyprus	DimosPaps Team	0:13:07.8	0:01:43.7	0:17:48.1	0:17:22.3	0:24:03.1	1:14:04.9
2	801	Aleksandr	Nasekin	Cyprus	Paphos Nautical Club	0:13:09.0	0:01:31.9	0:36:21.1	0:01:06.2	0:29:48.3	1:21:56.5
MEN 19-29											
1	802	Charalampos	Komodromos	Cyprus	West Side Apoel	0:27:02.5	0:07:48.0	0:53:33.5	0:02:52.0	0:27:25.9	1:58:42.0
MEN 30-39											
1	876	Mikita	Hryhoryeu	Belarus	Utribe	0:13:01.4	0:01:16.8	0:32:24.0	0:01:16.3	0:19:15.7	1:07:14.1
2	817	Aliaksei	Kupreyeu	Cyprus	Tristyle	0:16:50.7	0:01:51.1	0:29:35.3	0:01:39.6	0:18:45.3	1:08:42.1
3	818	Kiryl	Kirychenka	Belarus	RoboTriTeam	0:18:34.7	0:01:48.3	0:33:03.9	0:01:32.2	0:20:15.1	1:15:14.2
4	816	Aleksey	Lapik	Cyprus	Kyrenia Nautical Club	0:15:08.3	0:01:46.0	0:31:41.9	0:02:01.9	0:24:37.5	1:15:15.6
5	820	Giorgos	Kaponas	Cyprus	Paphos Nautical Club	0:17:03.6	0:01:50.1	0:33:29.1	0:01:37.6	0:22:50.7	1:16:51.1
6	810	Alexander	Troitskiy	Cyprus	I Love Supersport	0:20:50.7	0:02:33.9	0:33:01.3	0:02:16.5	0:22:22.6	1:21:05.0
7	811	Kirill	Serogodskii	Russian Federation		0:18:53.4	0:02:19.1	0:35:18.1	0:01:50.9	0:22:58.8	1:21:20.2
8	877	Ioannis	Andreou	Cyprus		0:18:16.7	0:02:54.7	0:35:21.0	0:02:06.2	0:24:27.2	1:23:05.8
9	815	Alexey	Lukashov	Russian Federation		0:17:06.4	0:02:36.9	0:36:15.4	0:02:23.2	0:28:27.5	1:26:49.3
10	812	Pavel	Mikhailov	Cyprus	SportNotStop	0:20:53.7	0:03:27.6	0:36:31.8	0:02:41.5	0:24:23.5	1:27:58.1
11	814	Maxim	Ovchinnikov	Cyprus		0:22:46.4	0:03:35.0	0:34:25.3	0:02:18.2	0:28:05.3	1:31:10.2
12	813	Pavel	Markovnin	Cyprus	Cyprus Vibes	0:22:30.7	0:03:11.1	0:41:05.4	0:02:04.4	0:27:36.8	1:36:28.5
13	819	Dmitrii	Labor	Cyprus		0:21:55.1	0:05:12.1	0:43:13.1	0:02:09.8	0:27:19.7	1:39:49.8
MEN 40-49											
1	833	Ilya	Slepov	Russian Federation	RunLab	0:13:05.6	0:01:28.9	0:30:20.5	0:01:56.4	0:19:58.3	1:06:49.8
2	838	Marios	Kyriakou	Cyprus	Paphos Nautical Club	0:20:20.2	0:03:36.1	0:35:30.1	0:02:05.4	0:23:45.8	1:25:17.5
3	837	David	Vic	Cyprus		0:23:18.1	0:02:59.9	0:36:26.6	0:02:10.3	0:22:18.2	1:27:13.1
4	832	Stephanos	Manolis	Cyprus	DimosPaps Team	0:18:52.8	0:02:46.0	0:35:27.2	0:01:51.2	0:28:31.5	1:27:28.7
5	834	Anatoly	Sardovskiy	Russian Federation	New England Patriots	0:21:39.6	0:04:08.3	0:35:07.7	0:02:27.7	0:26:17.2	1:29:40.5
6	836	Paweł	Lis	Poland	Jastrzębie Łaskie	0:23:06.7	0:03:59.0	0:35:40.2	0:03:08.1	0:30:54.3	1:36:48.3
7	835	Panayiotis	Kyriakou	Cyprus	Smart Cyclo	0:24:27.6	0:05:58.0	0:40:54.9	0:03:02.1	0:32:45.5	1:47:08.2
8	831	Doros	Paphitis	Cyprus		0:26:45.6	0:05:21.4	0:52:25.0	0:02:41.8	0:29:33.5	1:56:47.3
DNS	830	Marc	Smith	Cyprus							DNS
DNS	803	Costantinos	Charalambous	Cyprus							DNS
MEN 50+											
1	845	Antonis	Drakos	Cyprus	Paphos Nautical club	0:20:24.8	0:02:54.3	0:33:13.5	0:01:54.8	0:24:46.0	1:23:13.3
2	846	Michael	Zannetos	Cyprus	Kyrenia Nautical Club	0:20:44.6	0:03:07.1	0:35:36.1	0:01:52.6	0:23:15.2	1:24:35.6
3	841	Dmitry	Vinogradov	Cyprus		0:16:39.8	0:02:05.0	0:36:10.0	0:02:25.1	0:29:29.3	1:26:49.2
4	840	Demetris	Demetriou	Cyprus	Forces Bikes	0:19:12.6	0:03:01.4	0:42:02.3	0:02:24.6	0:26:39.9	1:33:20.8
5	842	Steve	Snowdon	Cyprus		0:23:22.2	0:04:50.9	0:38:39.2	0:02:33.5	0:27:13.8	1:36:39.6
6	843	Richard	Kelly	United Kingdom		0:24:30.3	0:02:16.5	0:39:47.2	*****	*****	1:38:19.0
7	844	Demetris	Zevlaris	Cyprus	Sunday Runners	0:26:19.3	0:04:38.4	0:37:05.8	0:02:28.1	0:32:16.6	1:42:48.4
DNF	847	Giorgos	Konstantinidis	Cyprus	KERAVNOS Strovolou						DNF
CADET GIRLS 14-16											
1	850	Andriana	Paphitis	Cyprus		0:26:44.1	0:05:11.9	0:52:37.8	0:02:39.5	0:29:33.3	1:56:46.5
WOMEN 19-29											
1	860	Anna	Feoktistova	Cyprus							DNS

WOMEN 30-39

1	873	Anastasia	Miloslavskaya	Cyprus	Kyrenia Nautical Club	0:18:49.9	0:02:04.4	0:36:06.6	0:02:00.8	0:27:22.2	1:26:24.0
2	870	Olga	Tikhonova	Cyprus	Kyrenia Nautical Club	0:18:43.3	0:02:31.2	0:35:46.8	0:02:00.7	0:27:33.2	1:26:35.2
3	874	Nadezhda	Shestakova	Russian Federation		0:25:47.7	0:04:02.2	0:46:06.1	0:02:17.9	0:30:25.7	1:48:39.6
4	875	Irina	Surzhikova	Cyprus		0:26:40.5	0:02:43.3	0:46:22.8	0:02:55.5	0:33:27.3	1:52:09.4
DQ	871	Claire	Weston	United Kingdom	RAF tri/kl	0:15:07.2	0:01:58.4	0:52:59.3	0:02:16.6	0:29:21.4	1:41:43.0
DNS	872	Georgia	Eather	United Kingdom							DNS

WOMEN 50+

1	880	Ksenia	Chernykh	Cyprus		0:24:58.8	0:03:19.6	0:36:32.9	0:01:50.4	0:26:48.5	1:33:30.2
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MIXED TEAMS

		Stitch	Taylor	United Kingdom							
1	911	Janice	Eastman	United Kingdom	Paphos Running Club Allstars	0:16:22.3	0:01:14.6	0:36:07.7	0:01:24.9	0:21:48.0	1:16:57.5
		Kevin	Phillips	South Africa							
		Barry	Tease	United Kingdom							
2	910	David	Steel	United Kingdom	Paphos Running Club Members	0:18:55.0	0:01:13.5	0:38:25.2	0:01:18.1	0:23:38.2	1:23:30.2
		Emma	Tease	United Kingdom							
		Zsolt	Szilagyi	Hungary							
3	881	Christope	Molitor	Luxemburg	Drown Crash Bonk	0:26:23.0	0:01:25.8	0:43:40.1	0:01:08.4	0:26:31.7	1:39:09.0
		Gabriella	Vetro	Hungary							